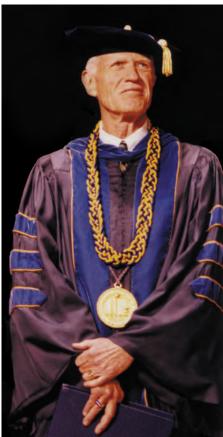
# UCLA Retirees Association Connections

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# In Memoriam: Chancellor Emeritus Charles E. Young



Chancellor Young in 1994

Charles E. "Chuck" Young, chancellor of UCLA for a record 29 years, died of natural causes on Sunday, Oct. 22 at his home in Sonoma, California. He was 91.

Named chancellor in 1968 at age 36, he remains the youngest chancellor ever appointed in the University of California system.

Young began his administrative career at UCLA in 1960 as assistant to Chancellor Franklin D. Murphy. After serving as assistant chancellor and vice chancellor for administration, Young succeeded Murphy on September 1, 1968. As chancellor, he guided UCLA through dramatic advances — in academic standing, campus construction, arts and athletic programs, the medical enterprise, library holdings, and the hiring of top-level faculty. He is credited with greatly expanding campus fundraising efforts. Young's administration was marked by his deep commitment to diversify the campus community. By 1991, those efforts had helped make UCLA's undergraduate student body the most ethnically diverse of any major research university.

In a 2021 interview, Young recalled with pride the 1969 founding of the UCLA Emeriti Center. Later in his tenure, in 1978, the Center extended services and support to staff employees. The Emeriti Center then became the Emeriti/Retirees Relations Center, ERRC, that serves academic and staff retirees today.

At the request of the family, gifts in Young's memory should be made to the <u>Charles E. Young Research</u> <u>Library</u>, care of the UCLA Foundation. In the coming months, UCLA will be organizing an event to celebrate Young's life and legacy.

# **Open Enrollment Scheduled Through November 17**

UC Open Enrollment for 2024 benefits began October 26 and ends 5 p.m. Friday, November 17. With significant increases in medical plan costs — despite UC covering a larger share of premiums — it's especially important to make sure retirees understand all the options and costs.

A dedicated Open Enrollment website is available at <u>ucal.us/oe</u>.

The Emeriti/ Retirees Relations Center (ERRC) has arranged open enrollment Help Desks with the UCLA Health Care Facilitators, Debra Wells and Erika Castillo. For the complete schedule and registration see: <u>errc.ucla.edu/events-programs/open-enrollment</u> Zoom sessions are offered to help you learn about UC retiree medical plans, 2024 changes and how UC retiree plans work with Medicare.

**Thursday, November 2**, 2023 [11am - 12pm] - <u>Click</u> <u>Here to Register</u>

**Monday, November 6**, 2023 (5pm - 6pm) - <u>Click</u> <u>Here to Register</u>

**Thursday, November 9**, 2023 (9am - 10am) - <u>Click</u> <u>Here to Register</u>

Wednesday, November 15, 2023 (4pm - 5pm) - <u>Click</u> <u>Here to Register</u>



# **UCLARA Funds Staff Scholarships**

Did you know? The UCLARA Board established its very own endowment to award educational scholarships to deserving university staff ten years ago. It has been a gratifying success for the UCLARA Board and members who have contributed over the ten years to make these awards possible. UCLARA has given over 60 awards to date; the latest are listed below.

This year marks the ten-year anniversary of the endowment, and we want to grow the initial endowment of \$50,000 ten years ago to \$100,000 for this special celebration. As you look to the holidays and begin to decide where you will give, put the UCLARA Staff

Scholarship Endowment on your list. You will be receiving a notice in the mail to help us reach this goal.

Watch for this announcement. However, you can contribute right now by:

1. Credit card [http://giving.ucla.edu/UCLARA] or

2. Check payable to The UCLA Foundation, P.O. Box 7145, Pasadena, CA 91109-9903. Reference Fund #82013E on the check, which is the UCLA Retirees Association Career Staff Development Scholarship Endowment.

-Judith Tuch, UCLARA President

### 2023 Staff Scholarship Recipients

Staff scholarships provide annual awards to those who wish to attend conferences or take educational courses to further their careers. UCLA Staff Assembly administers these awards.

In 2023 UCLARA funded ten scholarships. The 2023 scholarship recipients are Karina Arzate-Arenivaz, Yadira Bautista, Melanie Bonilla, Lyset Castillo, Grace Fransisca, Rebecca Ger, Paula Miranda, Ziba Razinia, Andrea Reyes, and Diana Margarita de los Santos. The following recipients have shared their plans with us:

Melanie Bonilla (David Geffen School of Medicine Dean's Office - Office for Justice, Equity, Diversity and Inclusion): "Not only is this award a financial help, it will help me get the professional development required to excel in my role and better serve our community. Thank you Staff Assembly and UCLA Retirees Association for the support!"

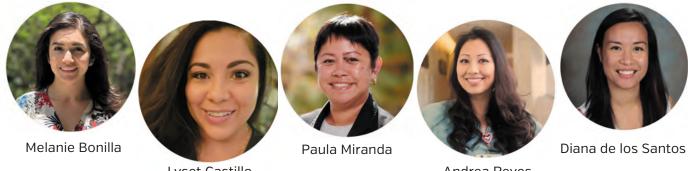
Lyset Castillo (Department of Neurobiology): "This scholarship will enable me to attend this year's annual SRAI (Society of Research Administrators In-

ternational) meeting - a great platform for research administrators to stay informed, grow their network, and discuss important topics that are affecting research across the globe."

**Rebecca Ger** (Molecular, Cell and Developmental Biology): "This scholarship will help me further my knowledge and skills so that I can better contribute to the workspace."

**Paula Miranda** (ITS): "I intend to use the scholarship to help strengthen my business writing and Excel skills through trainings offered by Campus Human Resources. Thank you!"

Andrea Reyes (Interventional Cardiology): "I am extremely grateful for this opportunity to gain more conference experiences and knowledge from educational materials through the generosity of the Staff Assembly Scholarship Fund. This award will help me move towards the goal of Principal Radiologic Technologist in the Cardiac Cath Lab. Thank you for this educational endowment."



Lyset Castillo

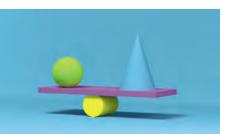
Andrea Reyes

### Welcome to UCLARA!

UCLARA is happy to welcome the following new members.

Ada Arcudia Doreen Bolten Hal Bookbinder Eileen Callahan Heather Campbell Songbo Chen Calvin Cliff Mary Cliff Darrow Cole Turonda Crumplar John Duncan Jennifer Eaton **Constance** Firestone Mary Fleshood Haruzo Hida Susan Ito David Jensen Tanya Len Raphael Levine Daisy Lim Nol Martin-Tungpalan Margarita Mireles Encarnacion Montecino Rodriguez Steven Moore James Nakatsuka Elaine Ottiniano Christopher Palomo Mary Passeri Elaine Paterson Jim Roach Marilyn Salinger Joann Smith Gary Stearn Hannelore Suddeth Shimon Weiss Riquaza Zavahir

# Exercise at Home: Strength & Balance



Should you be getting more exercise? And wouldn't it be nice if you could take classes in the comfort of your home twice a week?

UCLA Recreation has such a program available to all Retiree and Emeriti Association members. It's called Emeriti Strength & Balance, and it's designed specifically for seniors. Classes are held Tuesday and Thursday mornings from 10 to 11 a.m., and they are available on Zoom. Taught by personable professional fitness trainers, the non-aerobic programs offer stretching, balance training, and moderate exercise and are not overly strenuous.

Cost is \$65 for an entire quarter of classes. To register, go to <u>Recreation.ucla.edu</u> and click on Registration at the top of the page. It's time to get in shape!

### Sages and Seekers: Seniors and Students Together

🔥 re you looking for a new volunteer opportunity? Join "Sages and Seekers."

What happens when you bring seniors and students together over an eightweek program? — Magical experiences as the two generations learn they have much more in common than they would think.

This volunteer program was created to develop empathy, combat ageism, and reduce social isolation. Over a period of eight weeks, volunteer "Seekers" (ages 15-20) and "Sages" (60+) meet weekly in sessions lasting 60 to 90 minutes. The sessions are conducted both virtually and in-person and offer an opportunity for the generations to bridge the gap as they develop meaningful relationships.

The program originated in Boston in 2010 by Director Elly Katz. She developed a forum where students could learn from seniors who have a lifetime of experience to share and where seniors would have the opportunity to reflect on life. When Katz moved to Los Angeles, she brought the program with her. The program offers online and in-person interactions three times a year and has been included in the curriculum at Palisades Charter High School in Pacific Palisades, Larchmont Charter School in Lafayette Park, Notre Dame High School in Sherman Oaks, and near Fairfax High. Meetings are Monday-Thursday at either 3:30 or 5 p.m. A new session begins in January.

For more information, email info@sagesandseekers.org or visit the website at www.sagesandseekers.org.

### **Play Reading Group**

This group is open to new members as play readers or "audience." Currently meeting via Zoom. Email <u>Rochelle Caballero</u> and tell her you read about the group in UCLARA *Connections*. Plays are subject to change.

November 9, *The Rivals* by Richard B. Sheridan

December 14, The Winter's Tale by William Shakespeare

### **In Memoriam**

The UC Office of the President has reported the deaths of the following UCLA annuitants. Nadine Anderson John Andriacchi Ada Arensdorf Thelma Felix Cabal Marilyn Castro Tobe Catching Anne Christine Coleman Larry Dabbs **Charles Dolcey** Helen Elizabeth Franklin Marie Goldwhite Breck Hill Robert Hart Iohn Hashizume Joel Jarvis Robert Kafka Amy Kearney Thomas Keep Dane Lewis Felicita Llabres Jane McNeely Gerald Michaelson Otha Moore **Dorothy Moorman David Nicholas** Veronica Pacleb Sothip Panichkul Maria Piortowska Ruth Sanchez Christina Schroeter **Ronald Siegel** Steve Strand **Olive Thompson** Adolph Torres Ivonne Vargas Kathy Vincent Maple Walker Kenneth Washington David Westhoff Cheryl Wray

### Once Again, UCLA Ranks As #1 Public University

For the seventh straight year, UCLA has been named the nation's No. 1 public university in the U.S. News & World Report 2024 "Best Colleges" rankings. Overall the university rose from No. 20 (private and public colleges) to No. 15.

The campus was again ranked the No. 1 public university for veterans. UCLA also ranked highest in social mobility among the top 25 universities.

UCLA shared the top spot with UC Berkeley. Six UC undergraduate campuses are among the top 20 public universities in the country, and all nine are in the top 40.

## **Extension Dean Briefs UCLARA Board**

At our September meeting the Board was briefed by Eric Bullard, Dean of Continuing Education and UCLA Extension.

A veteran educator with more than 19 years of experience in continuing education, distance education, outreach and engagement, Bullard joined UCLA in January 2020. "I was asked by the chancellor and EVC/provost to bring Extension to the center of campus — in other words, make sure the Extension mission is aligned with the UCLA mission," Bullard told the Board.

Extension has already become more heavily involved in grant opportunities, Bullard noted. During the pandemic, they received a \$2.9 million grant from the State of California to work with the Fielding School of Public Health to offer contact tracing training to about 20,000 Californians — "a really massive program," Bullard recalls, "and very rewarding." A subsequent grant focuses on training behavioral health workers who support the LGBTQ population.

The strategic plan that Extension developed focuses on improving the quality of academic programs, expanding student services, and increasing engagement in Los Angeles. Downtown was key to increased engagement so when UCLA acquired the historic Trust Building in June 2023, Extension embraced the opportunity to become the anchor tenant.



Dean Eric Bullard

Bullard reminded the Board that UCLA Extension was established in 1917 in downtown Los Angeles. So the Trust Building is really a return to Extension's roots. The plan is to occupy office space this year and launch new programs in Fall 2024.

Extension may also be involved in the new South Bay campus. Initially, Extension's Osher Lifelong Learning Institute may offer courses to the retirement community in the area.

The future of Extension is full of challenges and opportunities. The anticipated 2027 opening of the Westwood/UCLA Metro station will be a game-changer, Bullard believes, with the Purple line connecting downtown directly to the west side. He hopes that the Gayley Center, adjacent to the new Metro stop, will become the permanent Westwood home for Extension.

# Mark Your Calendar: UCLARA Programs

### In-Person Hike, Ernest E. Debs Regional Park Thursday, November 9, 9:30 a.m.

If you like hiking in the hills while looking out at expansive views, come join us at Ernest E. Debs Regional Park on Thursday, November 9!

It's a moderately challenging 3.6 mile loop hike with an overall elevation gain of over 700 feet. Views along the way include DTLA, Pasadena, and the San Gabriel Mountains.

For details and registration see <u>retirees.ucla.edu/</u><u>event-5454947</u>

### In-Person Riverside Trip with Mission Inn and Cheech Marin Center Tuesday, November 28, 8 a.m. to 6 p.m.

First stop is an educator-led tour of the Cheech Marin Center for Chicano Art and Culture. Then we'll walk to the nearby Riverside Food Lab for a no-host lunch. The second stop is a docent-led, 60-minute tour of the Mission Inn, decorated for the holidays with masses of poinsettias, twinkling lights, nutcrackers, and holiday decorations. Our motor coach will depart from UCLA Lot 32. Limited space, \$36 per person. For details and registration see retirees.ucla.edu/event-5459795



# **Lifelong Bruin Kent Lewis**



As a fifth grader in 1948, Kent Lewis, '60, knew that he was destined to be a Bruin the first time he visited the UCLA campus. "My father took me to a basketball game in the old Men's Gym," Kent recalls. "He said, 'UCLA's a good place. I think this is where

you're going to go to school.""

The prediction came true. After graduating from Hamilton High School in Los Angeles, Kent enrolled at UCLA to study business administration and history. After graduation, Kent served in the U.S. Army before embarking on his decades-long career in education. He spent the majority of these years at UCLA's Lab School, first as a teacher and then as the principal.

Kent is acutely aware of today's rising costs for university students. In his day, tuition fees were just \$25 per semester, and Kent worked in the kitchen of his fraternity house to cover the \$80 per month charged for room and board.

Kent credits the G.I. Bill of 1944 with lowering costs during his college years to make higher education more accessible, and he would like to see today's students have a similar advantage. "My personal feeling is that people should pay very little if they're involved in school, and I don't think anybody should come out with giant debt," he says.

To this end, Kent has made a bequest to donate the entirety of his estate to UCLA to help students in a variety of disciplines succeed. "I feel like scholarships are so important, especially with education being so expensive today," he says. "One way to give back in a positive way is to give to people who are bettering their lives."

In addition to his bequest, Kent has made many other generous donations to UCLA over the years, including regular outright gifts as well as setting up a charitable gift annuity in 2020 to help students in need during the pandemic. "Hopefully, these students will have a little bit of money so that they can cover the cost of their education," he says.

For information about establishing a bequest, for sample bequest language, or for information about UCLA charitable gift annuities and current rates, please contact Devon Brown, Senior Director of Gift Planning, at <u>devonb@support.ucla.edu</u> or 310-794-2213.

# **News from the Emeriti/Retirees Relations Center**



The UCLA Athletic Hall of Fame was the focus of the September 27 Legacy Tour, one of an ongoing series of campus tours sponsored by the ERRC.

We host a **Cognitive Decline/Dementia Care**giver Support Group that is intended to serve as a resource for UCLA retirees who are dealing with issues of cognitive decline in their spouses/partners. The premises for organizing this group are (1) that retirees/spouses/partners in the academic milieu are likely to have some issues that are unique to them and (2) that caregivers from a similar background will be better able to understand and support one another.

The caregiver support group meets from 1 p.m. to 2:30 p.m. on the first and third Tuesdays of each month. Meetings will be held on Zoom.

All UCLA retirees/spouses/partners who are interested are encouraged to <u>email Harvey Herschman</u>, where your questions will be answered confidentially.

For **Open Enrollment Help Desk** information, see the story on page 1.

Have questions about BruinCards, parking privileges, or library cards? Call the ERRC at 310-825-7456 or email <u>emeriti@errc.ucla.edu</u>.

# **Election of UCLARA Board Members FY24/25**

The Committee to recommend a slate of Board Members for FY24/25 is beginning to review open positions and potential candidates. Openings include the Recording Secretary, the Treasurer, and two Members-at-Large.

The responsibilities for these positions as stated in our By-Laws are:

The Recording Secretary shall record and distribute the minutes of the meetings of the Association and of the Board of Directors and Executive Committee meetings, shall keep the Book of Minutes, shall maintain an up-to-date copy of the Bylaws, and shall be responsible for records of decisions and actions of the Board of Directors.

**The Treasurer** shall keep the Books of Account, collect dues and charges, maintain custody of the Association funds, pay all approved bills, and sign checks. This officer shall present an annual financial statement and such other financial statements as may be requested by the Board of Directors. The Treasurer is responsible for the preparation and filing of annual Federal and State of California tax returns and will chair the Finance Committee.

**Members-at-Large** sit on the Board and have voting privileges. There are four Members-at-Large positions on the Board, and two openings for FY24/25.

If you would like to be considered for one of these positions or if you know of any UCLARA member who would be a good candidate, please contact me as the Chair of the Nominations Committee. If you might also be interested in sitting on one or more of our standing committees, please let me know, too.

Looking forward to hearing from you before November 15 (our initial meeting).

— Elaine Fox, (efox818@yahoo.com)

Immediate Past President

Chair of the Nominations Committee

# Local and International Travel with Dolores Dyer

No time for a long vacation? No problem! Join me on our **three-day coastal sampler, March 31** -**April 3, 2024**. Experience the new Discovery Princess out of San Pedro. We'll board March 31, spend April 1 at sea and April 2 in Ensenada (8 a.m. to 6 p.m), then cruise back to San Pedro on April 3. We can have dinner together, talk travel, and catch up. I've already booked. Call our cruise planner at Princess, Ron Hall. 1-800-901-1172 x41810. Mention UCLA.

**International tours** are beckoning as well. Don't be left out or put on the waiting list. Collette is holding space for us. Remember, before the deadline for guaranteed/ discounted trips you can cancel and get all your money back: Collette even returns the travel insurance, an exclusive benefit.

### Memorials of World War II

August 19 - 28, 2024. Celebrate the 80th anniversary of the D-Day Landings!

- Retrace historic preparation efforts at The D-Day Story in Portsmouth, England.
- Explore London's WWII connections during a city tour focused on the Blitz.
- Navigate the path of the D-Day Landings as they cross the English Channel by ferry.
- Set foot on the hallowed grounds of the Normandy landing beaches.
- Experience the Caen Peace Memorial Museum.

There is a \$300 per person discount if you book before 12-20-2023. Visit this link:

gateway.gocollette.com/link/1170344

### UCLARA CONNECTIONS

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### **Alpine Lakes and Scenic Trains**

September 10 - 20, 2024. Featuring a cruise on Lake Maggiore. There is a \$250 per person discount if you book before 3-11-2024. Visit this link: <u>gateway.gocollette.com/link/1187608</u>

#### Kingdoms of Southeast Asia

November 7 - 25, 2024. Vietnam, Cambodia, Laos, Thailand. Visit this link:

#### gateway.gocollette.com/link/1196617

I hope you can join us on these exciting adventures. For more info: Dolores Dyer at <u>ddyer44@verizon.net</u>



### **Travel Group on Zoom Dec. 8**

Join the UC Retirees and Collette Travel for a spotlight on 2024 trips and a quick preview of 2025. For 2025 we're considering Costa Rica, Finland, Italian Vistas, Scandinavia, England, Scotland, Niagara Falls, and Cooperstown, NY.

Free Zoom meeting 1 to 2 p.m. on Friday, December 8. Register at:

retirees.ucla.edu/event-5421606/Registration

### **Mentoring Opportunities**

Applications for the 2024 Administrative Management Group (AMG) ProShare Program, which brings together career staff in small groups with a focus on networking, personal, and professional development, will be made available in November. The program runs from January-June. We encourage retirees who wish to share their expertise, professional acumen, life learnings, etc., with current UCLA career staff to consider applying. Those retirees who participated in 2023 speak very highly of their experiences in the program. Applications will become available on November 1 and must be submitted by November 30. Watch your email for an announcement from UCLARA that will provide the link to the ProShare application.



Day Hike to Escondido Falls on September 22. Hikes are open to all members and have varying levels of difficulty. Thanks to Ayesha Dixon for the photos!



### "Don't let it happen to you!"

We have had a robust response from UCLARA members renewing their membership this year. However, there are some of you who are reading this who have NOT taken action to renew yet, and if you don't do it soon, your membership will be placed in lapsed status. We don't want this to happen, and we hope you don't either.

There are so many benefits from membership: participating in the Association's activities, supporting the Association in advocating for retiree benefits, and just keeping in touch.

Renew now.

- Mary Petersen, Membership Chair

### Save the Date: Holiday Party

On Tuesday, December 5, we will gather at the Faculty Club to celebrate our annual Holiday Party. Watch the website for registration information!

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